



How-To Tips #7

Useful Tips and Solutions to Guide You Through Our Website

How to Join a WALK in Your Area

By joining a WALK in your area, you can engage a group of friends, family or colleagues and you will have more fun while also making yourself eligible for some great prizes. You will also be helping to spread the message about ALS, raising awareness of this devastating disease in your community.

Note: If you have already registered you may not join another WALK team at this time.

To join a WALK in your area, follow these steps:

- 1) On the WALK for ALS home page click **Join a WALK in my Area**.

A list of WALK for ALS locations appear.

- 2) To narrow your search results, select your province from the drop-down menu in the upper right-hand corner.



ALS Fundraising Community / 2008 WALK for ALS / Locations

2008 WALK for ALS Locations

A listing of WALK for ALS locations currently available for online registration is below. If your local event is not listed please contact your Provincial ALS Society for further information on the WALK for ALS in your area.

To narrow your list of WALK for ALS locations by province use the dropdown menu at the top right of this page.

Jun 7, 2008 9:00 AM	Alliston Walk Alliston Christian Reformed Church, Alliston, ON	Register Now
Jun 21, 2008 10:00 AM	Barrie Walk Springwater Provincial Park, Barrie, ON	Register Now
Jun 7, 2008 10:00 AM	Brampton Walk Jim Archdekin Recreation Centre, Brampton, ON	Register Now
Apr 27, 2008 11:00 AM	Cobourg (Waumer) Walk Victoria Park, Cobourg, ON	Register Now
May 19, 2008 1:00 PM	Halton Walk Bronte Creek Provincial Park, Oakville, ON	Register Now
Jun 7, 2008 10:00 AM	Hamilton Walk Bayfront Park, Hamilton, ON	Register Now
Jun 28, 2008 10:00 AM	Kingston Walk Lake Ontario Park, Kingston, ON	Register Now

3) Click **GO**.

WALK for ALS locations in the province of your choice appear.

4) When you have chosen a team to join, click **Register Now** beside the team.

5) Fill out the member registration form.

Be sure to record your email address and password and save them in a secure place, they will be required each time you are logging into your WALK for ALS account.

6) If your email supports HTML emails – emails that contain images within them, not only plain text – select the **My email supports HTML mail** checkbox.

7) Click **Click Here To Proceed**.

8) Select the province and event you are interested in from the drop-down menu.

9) Click **Select Location**.

10) Verify the details of your WALK and carefully read the terms and conditions of your WALK participation agreement.

Note: If you have chosen the wrong WALK location, select **Back** to return to the previous page.

11) Click **Complete Registration**.

Congratulations! You are now a WALK for ALS participant. To confirm that you are in fact registered with WALK for ALS, check your email for a confirmation from your provincial ALS Society.